**‘Nooga Swim & Dive Code of Conduct**

**ATHLETE:** I pledge to be responsible for my words and actions while attending or participating in any ‘Nooga Swim & Dive event.

* I will not engage in unsportsmanlike conduct with any fellow swimmer, coach, parent, official or other attendee.
* I will not engage in any behavior which will endanger the mental or physical health, safety or well-being of any fellow swimmer, coach, parent, official, or any other attendee.
* I will treat any fellow swimmer, coach, parent, official, or any other attendee with respect at all times.
* I will not engage in verbal, physical, or written threats or abuse aimed at any fellow swimmer, coach, parent, official, or any other attendee anytime during the season
* I will remember that I am a representative of my team and my sport, and will act accordingly.
* It is my job to work the hardest and have the most fun at practices and meets. I will set goals for myself, reward positive achievements and enjoy the process.

I hereby agree that if I fail to conform my conduct to the foregoing while attending or participating in any ‘Nooga Swim & Dive event I will be subject to disciplinary action, including but not limited to the following:

1. Verbal warning issued by a coach
2. Written warning issued by a coach
3. Suspension or immediate ejection from any ‘Nooga Swim & Dive meet/practice issued by a coach
4. Permanent suspension from the rest of the swim season issued by a coach.

By signing below I acknowledge that I have read the above and will abide by the provided Code of Conduct.

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (print)Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**PARENT(S)**: I pledge to set the right example for our children by showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents, and for all facilities and other property used during practice or competition.

* I will assist the coaches in conducting effective practices & meets by ensuring swimmers arrive and leave on time, and bring the proper equipment.
* I will keep an open line of communication via Remind and will not interrupt or confront the coaching staff on the pool deck during practice or meets. Coaches are available before or after training, meets and competitions for feedback or to discuss issues.

Parent Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (print)Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_